

BIO

The Divorce Insider, Sara A.

In 2012, Sara was inspired to launch Divorce Buddys in Houston, Texas. Now expanded with her published work,

“The Smart Gal’s Guide thru Divorce;

What Lawyers don’t tell you.”

A Certified Divorce Coach, a published Author, Speaker and Guide, Sara provides experience, insight and key information for women walking through the complex journey of divorce. Sara still believes in marriage; however, she has lived and learned through the complexities of divorce and guides women through to become better informed.



Following a Bachelor’s Degree in Communications from The University of Texas, Austin, Sara has a resume of business development. She is inspired to “create business on purpose.”

Sara believes, this Guide-book has never been done before, published by Westbow Press, a division of Thomas Nelson & Zondervan, “The Smart Gal's Guide thru Divorce. What Lawyers don't tell you”. Sara explains “Divorce Dizziness” and delivers “Insider-thinking.” Sharing what Lawyers don't tell you.

Sara’s book is a guide through “The Tennis Game of Divorce.” How to control the costly back and forth. With over sixteen chapters of smart information with topics that include Lawyering, Calendaring, Documenting, Organizing and Moving Forward. She also provides valuable Reference Tools that include over 25 Key-Areas of Concern to consider, as well as “The 30 Most-Costly Mistakes” to avoid.

Additionally, in 2015, as a further development, Sara launched G.O., Gals Only – a focused discussion setting created for single women to share foundational truths, inspiration, and create community. Through inspiration and purpose, Sara guides how to “Put on Courage.”

Currently recognized as The Divorce Insider, Sara continues to expand her audience with TV and radio and print interviews nationwide. She is available for speaking engagements at seminars and conferences, and also offers guidance for clients on an individual basis.

SYNOPSIS

The Smart Gal's Guide thru Divorce; *What Lawyers don't tell you.*

We all know someone who has journeyed through the complexities of Divorce; perhaps a sister, a neighbor or a friend.
Who can help them?
One who has lived it and learned it.
I am inspired to meet that need.

Hello, I am Sara A.
Divorce is highly complex.
I am inspired to guide women through the complexities of Divorce.
In fact, I call it "Divorce Dizziness;"
the discovery, the documents, the details and the delays.

My Guide-book,
"The Smart Gal's Guide thru Divorce; What Lawyers don't tell you,"
Over 16 chapters of smarts. I share "Insider-thinking."
What Lawyers don't tell you.

I am not a Lawyer, not a CPA, not a professional Counselor. But I know the journey of Divorce.
I know what Lawyers don't tell you.
I know how to control "The Tennis Game of Divorce," to control the back- and-forth,
to help limit losses, to preserve the family nest-egg.

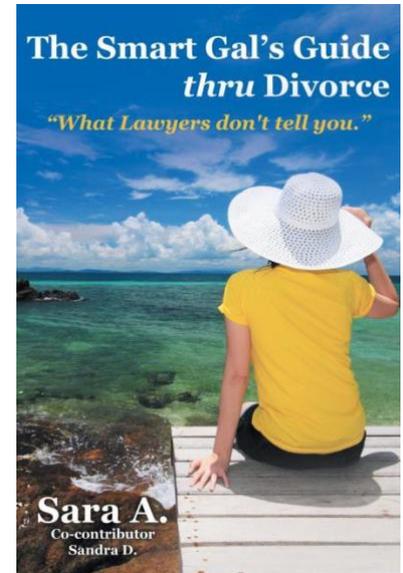
With this information including "Over 25 Key-Areas of Concern" to consider and
"The 30 Most-Costly Mistakes" to avoid, readers become more informed, better informed ahead of time.

Now recognized as **The Divorce Insider, Sara A.** continues to travel across America. Sharing how to think through the complex journey of Divorce. Sara explains, "My purpose is to guide with key-information and to encourage how-to move forward."

Guiding Women thru Divorce ... and After.

Disclaimer:

Although this book The Smart Gal's Guide thru Divorce and Divorce Buddys may provide information and opinions regarding the divorce process, this author and her contributors do not provide professional legal, financial or mental health counseling. Please consult a trained professional for these matters.



Q&As

1. Who can use a Guide-book like this, "The Smart Gal's Guide thru Divorce; What Lawyers don't tell you?"

We all know someone who has journeyed through the complexities of divorce; perhaps a sister, a neighbor or friend. How can we guide those we care about? Who can guide us?

Answer:

One who has lived it and learned it. I have walked through the journey of Divorce. I am inspired on purpose, to meet the need; to guide women through the complexities of Divorce.

This book has never been done before. This book is a valuable resource that comes from the heart to share the many lessons learned. What Lawyers don't tell you.

This is *the* Guide-book:

- Key information about the Divorce process.
- To guide women how-to become well-informed ahead of time.
- Advice on how-to select your best family law attorney.
- How-to control the costs and limit the losses.
- How-to preserve the family nest-egg.
- To share "Insider-thinking".
- To guide the reader how-to move forward.
- Step-by-step, how-to "Put on Courage". To know there are new days ahead.

2. What is "Divorce Dizziness"?

Answer:

It's Sara A's unique phrase to understand the complex journey of divorce.

"Divorce Dizziness" puts into words; all the overwhelming feelings.

This "Dizziness" begins with the discovery, the documents, the details and the delays. It can be overwhelming, and makes us feel a bit dizzy, wondering what's up ahead.

What's next? Where to turn now? With over 16 chapters of "smarts," this book guides readers through to become well-informed. Sara A. shares "What Lawyers don't tell you."

Here is a look at the chapter titles:

- Chapter 1 – Guiding
- Chapter 2 – Calendaring
- Chapter 3 – Lawyering
- Chapter 4 – Divorce Coaching
- Chapter 5 – Learning the Divorce Process
- Chapter 6 – Documenting
- Chapter 7 – Organizing
- Chapter 8 – Protecting
- Chapter 9 – Calculating Finances
- Chapter 10 – Researching
- Chapter 11 – Parenting your Children
- Chapter 12 – Setting-Up
- Chapter 13 – Empowering
- Chapter 14 – Forgiving
- Chapter 15 – Don't
- Chapter 16 – Moving Forward

Plus

Valuable Reference Tools:

“Over 25 Key-Areas of Concern”

“The 30 Most-Costly Mistakes”

3. What is “The Tennis Game of Divorce?”

Answer:

The Tennis Game of Divorce refers to the constant back-and-forth; the documentation, the emails, the papers, from one side to the other. There are two sides involved in every divorce process and there are many issues to consider when dividing the assets and assigning the debts.

Here is some “Insider-Thinking”

While in the journey of divorce, I do not recommend Interrogatories or conducting Depositions.

What is a deposition? – A deposition is answering questions under oath; sworn testimony in front of a court reporter which creates additional costs by adding to the billable hours.

The Paralegal often creates questions, which creates more billable hours and additional fees.

Then the Lawyer will also need to review those questions, adding their billable hours, before sending the questions over to the other side.

Once on the other side, again there will be a meeting to discuss how to answer those questions. Your Lawyer will need to craft those answers in reply requiring more documentation, creating more billable hours and fees.

And the answers to those depositions actually rarely produce any solutions. The process of divorce is more about the negotiation, and solutions are discovered through compromise.

Best to think through your priorities, such as:

Consider your marital assets

List all family debts

Recognize your children's needs

Prioritize your children's issues

Write down your wishes and must-haves

In order to control those billable hours, hold tight to your priorities and then compromise. With compromise, you will limit the back-and-forth and control the legal losses.

Included in “The Smart Gal's Guide thru Divorce; What Lawyers don't tell you,” there is a guide for women to consider their long list of concerns. To consider their needs, their wants, and their hopes and wishes. They should take the time to make a list of priorities, and keep this list private.

Think it through ahead of time and negotiate from there. But continue to hold tight to their priorities.

By releasing those optional items through compromise, you will limit the back-and-forth.

This helps to gain control on the billable hours which will help control the financial costs.

Smart strategy to control “The Tennis Game of Divorce.”

4. Is there a potential to save thousands of dollars?

Answer:

Yes. The book delivers "Insider-thinking;" in other words, "What Lawyers don't tell you."

The one who can guide is the one who has lived it and learned it, and understands the complexities of divorce.

Sara A. has discovered and uncovered two valuable reference tools:

"Over 25 Key-Areas of Concern" for readers to consider.

"The 30 Most-Costly Mistakes" to be sure to avoid.

The book has the potential to save thousands of dollars and it's all in the book.

The Divorce Insider, Sara A. delivers this Guide-book to help women through the

Divorce process, navigating with "Insider-thinking."

5. What is a Divorce Buddy? What is The Smart Gal's Guide?

Answer:

The Smart Gal's Guide is a division of Divorce Buddys. Certified divorce coaches that act as a Guide.

They are not Lawyers, not CPAs, not professional Counselors, but they know the business of divorce. Guiding women through to become well-informed and to make sure everything is considered. With their "Insider- thinking."

Yes, they agree that the lawyer leads the legal process. And they guide women on how to select their best Family Law Attorney. The journey of divorce generally takes an average of 9 months to 12 months. Every phone call, every question, every email to the lawyer creates billable time. And those billable hours add up. There is so much to consider. Experienced with the wide range of considerations, guiding through the complexities of divorce. The business of divorce.

The Divorce process includes planning, beginning with the key information to consider. Filing for Divorce continues with a Discovery process, through Mediation, through Calculating Finances and through re-thinking life's key components. Setting up new Accounts, the issues involving shared parenting, connecting with a new community and organizing a new life ahead. Step by step, moving forward.

Divorce Buddys and "The Smart Gal's Guide" are guiding women, every step of the way. Guiding through Divorce, and After.

Website: TheSmartGalsGuide.com

Instagram: [TheSmartGalsGuide](https://www.instagram.com/TheSmartGalsGuide)

Twitter: [TheSmartGals](https://twitter.com/TheSmartGals)

Twitter: [Divorce_Buddys](https://twitter.com/Divorce_Buddys)

Pinterest: [Divorce Buddys](https://www.pinterest.com/Divorce_Buddys)



Press Release

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FOR IMMEDIATE RELEASE

**The Divorce Insider, Sara A.
Provides Knowledge And Tools To Guide Women To Make Smart
Decisions. “*The Smart Gal’s Guide thru Divorce*”.**

Houston, TX - While there are ‘how-to’ books for just about everything, there is a key resource available specifically to help women navigate the complexity of divorce. Published author Sara A., answers the call for women. She encourages women and guides them on how to think through the divorce process better prepared and well-informed – and she delivers in her book, *The Smart Gal’s Guide thru Divorce; What Lawyers don’t tell you*. (WestBow Press, a division of Thomas Nelson and Zondervan).

“For most of us, of course, we never expected that life would bring us here. Unfortunately, sometimes, we find that divorce may come into our lives. Sometimes, life brings change,” says Sara. “We know what you’re going through and what’s up ahead. We call it, ‘Divorce Dizziness;’ The discovery, the documents, the details and the delays. The dizziness will only last for a season.”

The Smart Gal’s Guide thru Divorce includes sixteen chapters of clear, chapter by chapter, guidance on topics such as Calendaring, Lawyering, Divorce Coaching, Documenting, Organizing, Calculating, Protecting, Empowering, and Moving Forward. The Tools section covers “Over 25 Key-Areas of Concern” to be sure to consider, and “The 30 Most-Costly Mistakes” to avoid.

Sara A. has been divorced twice, but this book is not about Sara. Instead this book guides through the divorce process. “This book has never been done before,” she says. “It is to guide you through, with ‘insider-thinking.’ We think it through with you.” Here Sara A. provides valuable insight into selecting the best attorney, smart ways to limit the billable hours and control the costly back and forth, preserving the family nest-egg.

Sara is a certified divorce coach. With a heart to encourage, in 2012, she founded Divorce Buddys, and in 2015 she expanded with her concept, G.O., Gals Only, a focused discussion setting for single women, connecting on foundational truths, faith-based inspiration, outreach and community. Sara A. inspires single women how-to “Put on Courage.”

Published in 2017, *The Smart Gal’s Guide thru Divorce*.

Sara A., now recognized as The Divorce Insider, is expanding her audience with TV interviews, Radio interviews and Print interviews, Speaking events, as well as meeting with individual clients. Guiding clients through Divorce and After.

The Smart Gal's Guide thru Divorce; What Lawyers don't tell you by Sara A.

For more information on The Divorce Insider, Sara A. and her book,

please visit the website: www.TheSmartGalsGuide.com and www.DivorceBuddys.com

Twitter @TheSmartGals

Instagram @thesmartgalsguide

The Smart Gal's Guide thru Divorce

What Lawyers don't tell you.

WestBow Press, a division of Thomas Nelson and Zondervan

Available online everywhere, and from the publisher:

<http://bookstore.westbowpress.com/Products/SKU-001062931/The-Smart-Gals-Guide-thru-Divorce.aspx>

ISBN: 9781512733631

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TIP SHEET:

Q&As available on request.

Reviews:

Nick Phillips, Host of the radio show The Advocate: *"In working with divorced persons over the years, your book is a must read for anyone finding themselves facing a divorce. A great how-to cope book."*

Michelle: *"I have a girlfriend who has been going through a divorce. I bought her your book. She said it has helped her understand so much and make decisions, she was clueless ..."*

What people are saying about ***The Smart Gal's Guide thru Divorce***

Lois: *"This book is a priceless resource for any woman facing the daunting challenges that the divorce process inevitably presents. Sara A. has done a superior job of writing a user-friendly, well organized guide....No woman needs to go through a divorce alone! With The Smart Gal's Guide thru Divorce, women now have a comprehensive, step-by-step guide that has the answers to all those questions that no one ever thinks to ask... until they are in the situation themselves!"*

"If you are going through a divorce or even thinking about getting a divorce, I highly recommend The Smart Gal's Guide thru Divorce. As a counselor, I give this book to any of my clients facing the challenges of a divorce."

"...not only an easy read but very informative! Sara has helped others by giving excellent examples of guidelines to follow...[and] great resources for outside help such as lawyers, counselors and websites for support."

The Divorce Insider, Sara A.,

**"The Smart Gal's Guide thru Divorce;
What Lawyers don't tell you."**

TV Interviews: Tour continues ...

Los Angeles, KTLA 5 TV News
Good Morning Arizona, TV Phoenix, ABC
Your Life Arizona, TV Phoenix, ABC
Good Morning Texas, TV Dallas, ABC
Paula Sands Live, TV Quad-Cities, NBC
Good Morning Arkansas, TV Little Rock, ABC
San Antonio Living, San Antonio, ABC
Chicago Morning News, Chicago, WGN
New Mexico, Morning News, Albuquerque, FOX

Radio Interviews: Across America

Houston FM 100.7 Houston, TX, Host: Bill Knapik
Virginia, WSVA News Talk Harrisonburg, VA, Host: Mike Schikman
Seattle KHTP Seattle, WA, Host: Deanna Cruz
Louisiana, WBRP Baton Rouge, LA, Host: Kevin Gallagher
Ohio, WHK Cleveland, OH, Host: Nick Phillips
Network of Stations, BDC, Host: Tedd Dumas
FM Stations by Baldrige Dumas Comm: KWLTV, KZBL, KVCL, KWLA, KBDV, KTHP, KZBL, KVCL, KWLA, TX and LA.
Wisconsin, WBEL AM 1380 Radio, Janesville, WI, Host: Ted Ehlen
Los Angeles, ABC News Radio, KMET 1490 AM, Los Angeles, CA, Host: Aaron M Sanchez
California, Dash Radio, CA, Host: Elizabeth Meza
Seattle, WA Radio KISW 99.9 FM, KKWF 100.7 FM, KHTP 103.7 FM, Host: Ellen Tailor
Houston, KRBE 104.1 Host: Kevin Quinn
Houston, KRBE 104.1 Host: Freddy Cruz

Social Media: Built

Instagram @TheSmartGalsGuide
Twitter @TheSmartGals
Website @DivorceBuddys.com – New Website Update coming May 2018
Website @TheSmartGalsGuide.com
Twitter @Divorce_Buddys
Pinterest @Divorce Buddys of Texas
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